

Cost \$300



CAPCE

COMPREHENSIVE ADVANCED PALLIATIVE CARE EDUCATION

Designed to align with the Model to Guide Hospice Palliative Care & the Ontario Palliative Care Competency Framework, CAPCE is an 18 week immersive learning experience.

Introduction: This session introduces the nurse to the online learning platform, course content, & defines the course expectations.

Module 1: A Palliative Approach to Care Topics include The Model to Guide Hospice Palliative Care, anticipating client needs based on known disease trajectories, the art of dignity conserving care, inclusion of the interdisciplinary team, & informed decision making as it relates to CPR.

Module 2: Pain Introduces assessment & management of palliative pain. Pain types, valid pain assessment tools, WHO analgesic ladder, opioid equianalgesia & rotation, & adjuvants.

Module 3: Complex Pain Exploring complex pain presentation through several case studies. Ex: Opioid toxicity, opioid rotation, neuropathic pain, difficult to manage breakthrough pain, & pain management with opioid use disorder.

Module 4: Cardiac & Respiratory Symptoms Topics include heart failure, dyspnea, airway secretions, & morphine titration.

Module 5: Delirium Assessment & management of different delirium types, delirium & underlying dementia, communicating with interdisciplinary team, & caregiver burnout.

Module 6: Gastrointestinal Symptoms Assessment & management of nausea/vomiting, constipation & mucositis. Discussing cachexia, & comparing fatigue vs. depression.

Module 7: End of Life, Death, & Grief Presentation of dying, Continuous Palliative Sedation Therapy, Medical Assistance in Dying, therapeutic communication techniques during psychosocial or spiritual suffering at EOL, children's grief, complex grief, & self-care.

Module 8: Bringing it All Together Knowledge application via simulated client & family interactions.

All sessions run from **6 - 8 pm** on the dates below (these are mandatory virtual classroom sessions). Between virtual classroom sessions, learners will engage in autonomous learning via a collection of best practice resources & tools, discussion boards, & case studies.

Mandatory virtual classroom sessions will be held on the following dates:

November 12, December 3, December 17, January 7, January 21, February 4, February 18, March 4 & March 18

**For more information and to register, please contact
Erin Newman-Waller enewmanwaller@hospicepeterborough.org**

Learners are required to have The Pallium Palliative Pocketbook as a resource, 2nd or 3rd edition are acceptable