

HOSPICE HIGHLIGHTER

August 2026

Slushy donation brings smiles



Scott and Michelle

We are very thankful for the indredibly thoughtful donation of a new slushy machine from Michelle, Scott and their family.

While in our care, Michelle enjoyed sipping on slushies and she also graciously shared them with the rest of the residents and their visitors as a special treat. As Scott reflects, the slushy machine is one way to give back while also honouring Michelle in a special way.

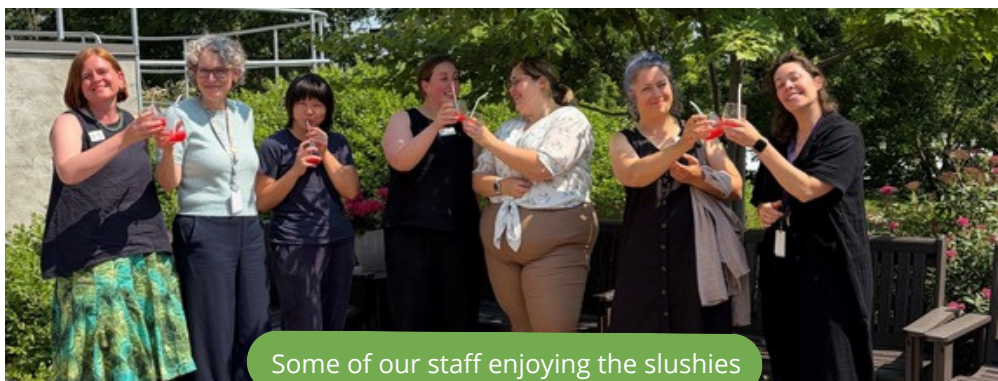


Michelle sharing slushies

The slushy machine has been a great new addition to our family room and residents, their visitors, volunteers and staff have enjoyed many slushies as a tasty summertime treat! THANK YOU!



Volunteer, Cindy preparing slushies



Some of our staff enjoying the slushies

Hike Committee Co-Chairs share what excites them most about Hike for Hospice 2026



Members of the 2026 Hike Committee

We hope you'll join us on **Sunday, September 27th** for our annual Hike for Hospice! As the date nears, our Hike Committee is hard at work planning all the details, securing sponsorships and finalizing the logistics.

This year's Co-Chairs, Brooke Dickey and Tom Labranche are both very excited for the event. As our largest annual fundraiser, they both know how important funding is to continue to provide programs and services at no cost to our clients.

Reflecting on why she gives her time to plan the event, Brooke shares: "Hospice is a pretty special place and I'm excited to see how the community rallies together."



"Hike for Hospice really is a terrific event with such a great cause," adds Tom. "Having been a volunteer in the residence for four years, I see firsthand the incredible support, care and services Hospice Peterborough is able to offer the community."

Register now!

Hike for Hospice takes place
Sunday, September 27, 2026.
Millennium Park, 9am-1pm

SCAN TO REGISTER



www.easypledge.ca/hospice-peterborough

WHAT NOW?

LIVE AT THE THRESHOLD

A Palliative & Grief Education Symposium

Wednesday, October 28, 2026 | 9 AM to 4:30 PM | Canadian Canoe Museum

HOSTED BY

Hosts of the popular *What Now?* podcast, gather expert guests for an engaging day of conversations on:



Professional and personal experiences from respected local physicians



Practical insights to improve patient care and communication



Current research on the experience of dying



The evolving role of AI in palliative and grief care



RED, JULIE & DAVID
OF THE WHAT NOW?
PODCAST

Featuring Guest Speakers:

\$50 (includes lunch and museum admission)



Dr. John Beamish



Dr. Jonathan Mallory



Dr. Christopher Kerr



Dr. Steve Joordens

Learn more
& register:



hospicepeterborough.org



Masonic Foundation distributes funds across local hospices



We'd like to extend our deepest thanks to the Masonic Foundation & Peterborough District Masons for their incredibly generous donation of \$8,500! We recently welcomed local Masons James Dunn, John Muise, Bharat Maini, Lorne Mitchell, Larry Castle and John Hewitt to Hospice Peterborough for a cheque presentation and a tour of our building where we were able to share with them the many program and services we offer to the community.

Staff day at Tecasy Ranch: nature, music, and more!

On June 23, staff and volunteers gathered at Tecasy Ranch for a collaborative day of learning, exploration and more. A special thank you to our guest speakers Julie Brown and Melody Dunn for their expertise, as well as Dr. Mallory for leading a very special hike.



Shredding it up for a good cause

We are very thankful to the team at Nisbett Funeral Home for including Hospice Peterborough in their inaugural shredding event in June. Nisbett hosted an on-site shredding truck and offered free shredding to anyone looking to safely dispose of personal documents. Anyone utilizing the service was welcome to make a donation and learn more about Hospice Peterborough. The event



was a huge success! Together we raised over \$1000! Thank you so much Nisbett Funeral Home and everyone who was involved in this incredible event!



Moving with Grief: community walking groups

♦♦ offering both afternoon and evening groups ♦♦

Moving with Grief is a community walking group for people who have experienced the death of someone they love and who feel more comfortable sharing their grief while walking. Participants may join at any point in their grief journey and all paces and abilities are welcome! Contact intake@hospicepeterborough.org or 705-742-4042 x251 to join!

EVENING GROUP

1st and 3rd Wednesday each month
6:30 to 7:30pm

AFTERNOON GROUP

2nd and 4th Monday each month
2:00 to 3:00pm

May - October:
Roger's Cove (131 Maria St.)

November - April:
Miskin Law Community Complex

Another summer of Cruise Nights at Craftworks

We are incredibly thankful to the Fowlers Corners and District Lions Club for once again selecting Hospice Peterborough as one of their charities for their summer Cruise Nights at Craftworks. Every Thursday evening they organize a great event with classic and one-of-a-kind cars, fantastic live music and lots of fun. If you haven't had a chance to go, we highly recommend it! The last show is September 10th!



Sarah, Fundraising & Communications Coordinator shares words of gratitude at Cruise Nights

Staff receive fire safety training

Many of our staff members attended our annual fire safety training. Thank you to Public Educator Officer Amanda Dears from the Peterborough Fire Services for her expertise. We all had the opportunity to test our skills with the fire extinguisher!



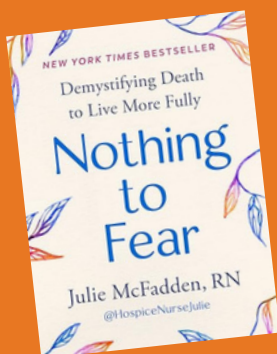
Hospice Peterborough Book Club

10-11am

Friday, September 18, 2026

Participants can attend in-person at Hospice Peterborough or via Zoom

September 2026 Book



"Nothing to Fear: Demystifying Death to Live More Fully" by Julie McFadden



Hospice Book Club is a warm, open group with a shared interest, and anyone connected to Hospice is welcome to participate!

For more information or to register, please contact BJ Ross:
bjross@hospicepeterborough.org or
705-742-4042 ext. 224

A special visit from MP Emma Harrison at Hospice Norwood



Emma pictured here with Laurie, Edna and Aimee

In July, MP Emma Harrison visited Hospice Norwood to tour Stewart House and learn more about the programs and services we offer to those in our rural community who are living with life-limiting illness, their caregivers and those who are grieving.

Emma shared her visit and gratitude on social media along with a personal reflection from when her dad died 2010.

"Our lives inevitably end the same way; we just don't know when. This journey toward our last days is complex and overwhelming. My mom gently encouraged me to visit Hospice Peterborough, and I regret not leaning on them more, but I still remember the comfort I felt. I wish I had the wherewithal to accept their help and make better use of their expertise because I found the days after his passing heavier than I can describe. This profound grief is not a journey we should travel alone, and we are so fortunate to have places like Hospice Norwood and Hospice Peterborough to support us".

Music Care CERTIFY update



Musician Dan Fewings plays at the bedside

Hospice Peterborough is making great progress on our Music care CERTIFY program, tracking all of the ways we integrate music into our care for evaluation, and enhancing the consistency of the music programming we currently provide. Some recent examples of the ways music is used at Hospice Peterborough include:

- Having calming music playing when new residents move in to ease their transition into hospice
- Launching a new bedside activity that supports residents and their loved ones in curating personal playlists that they can access at any point

- Our Comfort and Care Concert series which invites local musicians in for intimate concerts
- A volunteer harpist who plays tranquil music outside of our Nurses' Station
- The ongoing musical talents of our Hospice Singers who share a wide range of gentle music for those in our care

We look forward to sharing more with you as we continue to work through Music Care CERTIFY!

WHAT NOW?

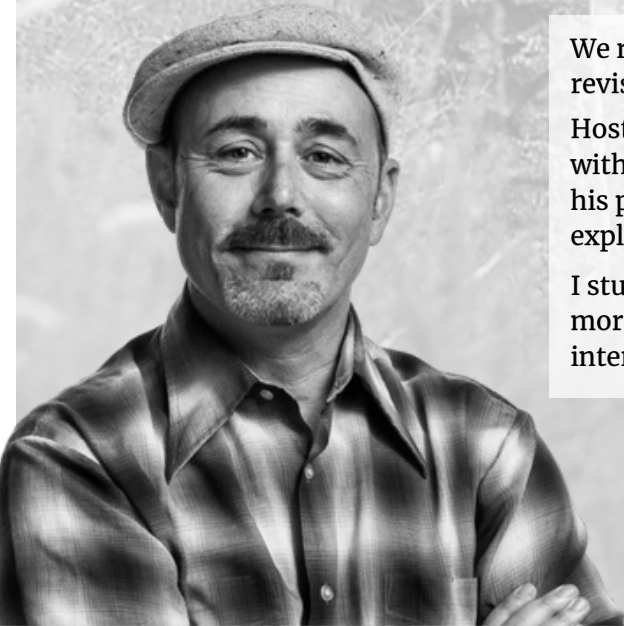
On the threshold of
life, death and grief.

WITH JULIE BROWN, RED KEATING AND DAVID KENNEDY

Spotlight on a past
episode:



HOW DEATH TEACHES US TO LIVE ...featuring Vinny Ferraro



We recently asked our hosts to select an episode they feel should be revisited and listened to again.

Host Julie Brown selected season 2, episode 11 which features an interview with Vinny Ferraro. Vinny is a meditation teacher and Buddhist. By sharing his personal story and knowledge, Vinny provides incredible insight and explains the Five Remembrances.

I studied with him for a year doing a course that taught us to face our own mortality using Buddhist wisdom and practice. This episode is lively and interesting... Vinny's refreshing personality shines through." - Julie Brown

HEAR THE FULL EPISODE...   

www.what-now.buzzsprout.com

Support Hospice Peterborough

☐ YES, I want to support vital hospice palliative care!

Name: _____

Address: _____

City: _____

Postal Code: _____

Phone: _____

Email: _____

☐ Please contact me to discuss my legacy gift, or gift in a will, to Hospice Peterborough.

Donate online at hospicepeterborough.org
Or mail to 325 London St Peterborough, ON K9H 2Z5

Registered Charity No.
11947 8964 RR00019

Tax receipts will be issued for donations of \$20 or more.



325 London Street
Peterborough, ON K9H 2Z5
705-742-4042
admin@hospicepeterborough.org

Let's
Connect!



@hospiceptbo



@HospicePeterborough



@hospiceptbo

Amount:

☐ \$50 ☐ \$75 ☐ \$100 ☐ \$200

Other: _____

I would like to make my gift by:

☐ Cheque (payable to Hospice Peterborough)

☐ Visa ☐ MasterCard ☐ AMEX

☐ One-time donation ☐ Monthly donation

Card #: _____

Expiry Date: _____

CVV: _____

☐ I would like to be an anonymous donor

☐ This gift is in memory of:
