

HOSPICE HIGHLIGHTER

June/July 2025

Hospice Peterborough welcomes nursing students from Edinburgh, Scotland



Hospice Peterborough was proud to host a tour group of nursing students from Edinburgh, Scotland last week. Hailing all the way from Queen Margaret University the students visited as part of an exchange with Trent/Fleming School of Nursing students who visited the QMU's Edinburgh campus in early June to learn more about their respective healthcare systems.

"This was a pilot and our first time running this exchange," shares Ellen Buck-McFadyen, Associate Dean, Trent/Fleming School of Nursing. "It went very well, so it will hopefully be the start of many collaborations and shared learning experiences for students and faculty yet to come!"

Thank you for visiting and learning about hospice, future nurses of QMU!

Pictured above, left: Hospice Peterborough's Palliative Pain and Symptom Management Consultant Erin Newman-Waller gives a tour for QMU students, Ruth Magowan, Head of Division Nursing and Paramedic Science from the Queen Margaret University in Edinburgh and Ellen Buck-McFadyen, Associate Dean, Trent/Fleming School of Nursing. Other photos from tour.

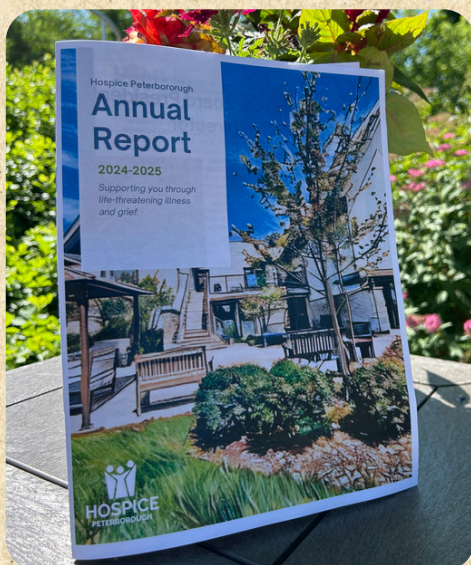


Annual General Meeting and Annual Report 2024-25

Our Annual General Meeting took place on June 12th, 2025. It was a morning of reflection, inspiration and celebration. We also shared our gratitude for our community whose support makes our care possible!

We had the pleasure of hearing from keynote speaker, David Kennedy, who shared his talk *Musings from a Neophyte Podcaster (What Did I Get Myself Into Now?)*. Then, at the volunteer appreciation celebration that followed, we recognized important volunteer milestones for Becca, Marie, Don and Gisele (pictured below).

As we look ahead to the next year, we do so with immense gratitude for the many individuals, families, volunteers, donors, and community partners who make our work possible.



We are so thrilled to share our **2024-25 Annual Report** with you. Inside is a culmination of our year's achievements. From stories of impact, stats and reflections on the years milestones, it's a document we're extremely proud of!

[Please take the time to read through it here.](#)

Summer Sips

On Tuesday, June 17th, under a beautiful sunset at Rolling Grape Vineyard, we raised our glasses in community to our 2025 edition of **Summer Sips**!

After a successful sold-out event, we came together for a beautiful evening filled with local food, wine, live music, and community connection.

A huge thank you to all who could join us! Events like this make a massive difference in enhancing the comfort, dignity, and quality of life for everyone who comes into our care. Plus, it's a great way to meet all of **YOU** – those who make our work possible.

Until next year!



RECENTLY ON...

WHAT NOW?

On the threshold of
life, death and grief.

WITH JULIE BROWN, RED KEATING AND DAVID KENNEDY

Season 3 Wrap Up!

Season 3 of our podcast has come to an end. The season finale features a special episode where our co-hosts share shout-outs, reflections, and personal thoughts on the season. Plus, they surprise each other with a "lightning round" Q&A session that's short, sweet, and definitely worth a listen.

Catch up on this season, and we'll be back in your ears in September!



Listen now at...

www.what-now.buzzsprout.com

PODCAST ALSO AVAILABLE ON:



Third Annual Child & Youth Mental Health Symposium welcomes Dr. Ceilidh Eaton Russell as keynote speaker



The third annual Child and Youth Mental Health Symposium took place on May 27th with over 50 local professionals gathered at The StoneHouse Hall. The event was hosted by Hospice Peterborough and Peterborough Police.

Dr. Ceilidh Eaton Russell emphasized the importance of listening to children and youth as active participants in their mental health journeys, highlighting how their voices both shape and are shaped by their environments.

The event concluded with a panel of local practitioners who discussed ways to meaningfully incorporate young people's perspectives into professional practice.

SAVE THE DATE!

SUNDAY, SEPTEMBER 28, 2025

in-person again!

HIKE *for* HOSPICE



REGISTRATION IS NOW OPEN AT
EASYPLEDGE.CA/HOSPICE-PETERBOROUGH/

*Or scan the QR
code to register*



Honouring together...



Cruise Night at Craftworks

On June 12th, we had a great time sharing more about our work at Cruise Night at The Barn - Presented by Fowlers Corners Lions Club!

Every Thursday this summer you can find vintage cars, live music, and fun in the sun while supporting some amazing local charities, including Hospice Peterborough. We're so grateful to be a recipient of this awesome fundraiser!

Check out Cruise Night at CraftWorks every Thursday until September 11th.

Baskets for Hope

A huge hospice thank you to Kelly Westlake for a very generous donation of \$8,000!

Kelly led Baskets for Hope, a raffle basket fundraiser that builds on Dance for Hope which has taken place annually for over a decade.

This donation to Hospice Peterborough is made in memory of Barbie Werry in recognition of the care she received here in her final moments. The fundraiser also supported the PRHC Foundation. Thank you, Kelly!



Staff Day

We had a Staff Day where our staff took part in a workshop on Self-Empathy and Nonviolent Communication (NVC), and other important training at beautiful Tecasy Ranch in Buckhorn.

It was a wonderful day of sharing and learning!



Community Programming

Moving with Grief



What is it?

A **community walking group** for people who have experienced the death of someone they love and who would feel more comfortable **sharing their grief while walking**.

When: Second and fourth Monday of each month from 2pm to 3pm.

Where: Roger's Cove, 131 Maria St Peterborough Ontario

Confirm your spot: Call or email

**Amy Watson, Intake/Bereavement and
Wellness Facilitator, at
705-742-4042 ext. 230 or
awatson@hospicepeterborough.org**

Grief Chats



What is it?

Grief Chat is a free group that offers a flexible format where **recently bereaved individuals can connect with others who have experienced a loss**.

When: Choose between chats on the second and fourth Tuesday from 6:30 to 8pm or the first and third Friday of each month from 10am to 12pm.

Where: Hospice Peterborough, 325 London Street, Peterborough.

Confirm your spot: Call or email

**Amy Watson, Intake/Bereavement and
Wellness Facilitator, at
705-742-4042 ext. 230 or
awatson@hospicepeterborough.org**

Mindful Nourishment



What is it?

Mindful Nourishment is a free, one-hour meditation program for anyone connected to Hospice. Mindfulness can help you relax, reduce stress and connect what you are feeling and thinking.

Led by Julie Brown, psychotherapist and co-host of our What Now? podcast

When: Currently on break, will return in September but still accepting registrations.

Where: Zoom.

**To receive the Zoom links for future sessions, please email
admin@hospicepeterborough.org**

Hospice Peterborough Book Club

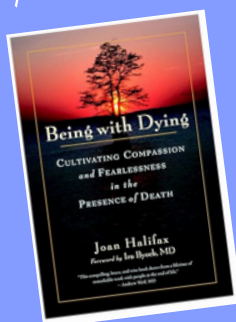
10-11am

Friday, September 19

Participants can attend in-person at
Hospice Peterborough or via Zoom



September's Book



Hospice Book Club is a warm, open group with a shared interest, and anyone connected to Hospice is welcome to participate!

For more information or to register, please contact BJ Ross:
bross@hospicepeterborough.org or
705-742-4042 ext. 224

"Being with Dying" by Joan Halifax

Staff appreciation BBQ

The annual Board BBQ has become a delicious and fun annual tradition! Last month, our incredible Board treated staff to burgers, sausages and homemade salads. What a wonderful (and delicious) way to kick off summer! Thank you, Board!



Support Hospice Peterborough

☐ YES, I want to support vital hospice palliative care!

Name: _____

Address: _____

City: _____

Postal Code: _____

Phone: _____

Email: _____

☐ Please contact me to discuss my legacy gift, or gift in a will, to Hospice Peterborough.

Donate online at hospicepeterborough.org
Or mail to 325 London St Peterborough, ON K9H 2Z5

Registered Charity No.
11947 8964 RR00019

Tax receipts will be issued for donations of \$20 or more.



325 London Street
Peterborough, ON K9H 2Z5
705-742-4042
admin@hospicepeterborough.org

Amount:

☐ \$50 ☐ \$75 ☐ \$100 ☐ \$200

Other: _____

I would like to make my gift by:

☐ Cheque (payable to Hospice Peterborough)

☐ Visa ☐ MasterCard ☐ AMEX

☐ One-time donation ☐ Monthly donation

Card #: _____

Expiry Date: _____

CVV: _____

☐ I would like to be an anonymous donor

☐ This gift is in memory of: _____

Let's
Connect!



@hospiceptbo



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