

# HOSPICE HIGHLIGHTER

March 2025

## *Local business celebrates five years of giving back to Hospice*



For five years, Living Local Marketplace has generously developed a number of creative initiatives -- from corporate giving boxes to seasonal subscription boxes, and even a special locally-made candle -- as opportunities to give back to Hospice Peterborough. We are so grateful to be the recipient of the kindness of this amazing local business!

A gift shop located close by on 1179 Chemong road in Peterborough, Living Local Marketplace's ongoing support helps ensure that compassionate, no-cost hospice palliative care is available when it is needed most.

Business owner Alicia Doris shared: "As a relatively new small business, we're not in a position to donate what I would call 'significant sums,' but our first gift to Hospice dates back to the very beginning of Living Local five years ago! This continued commitment is inspired by the organization itself, and the way Hospice physicians, staff and volunteers provide steadfast support to our community."

Thank you, Alicia, for your continued generosity and for helping us bring compassion, comfort, and connection to those we serve! Your commitment to our community is deeply appreciated, and we are so fortunate to have you as a partner in care.



**Pictured top, left:** Owner of Living Local Marketplace, Alicia Doris. **Pictured bottom:** Living Local Marketplace's 2024 Corporate Gift Guide, which generated proceeds to Hospice Peterborough.



## Secrets under the Stars fundraiser brings in \$12,500

On Saturday, March 1 at beautiful Burleigh Falls Inn, DarkHouse Events Co. hosted a fun, 80's prom night mystery event called Secrets under the Stars in support of Hospice Peterborough. Over the course of a delicious meal, guests interviewed a lively cast of high school characters to try and determine who was responsible for a missing prom queen. Many guests wore their best 80's-themed looks and the room was decorated with vibrant prom decor.

What a wonderful time! The fundraiser brought in an amazing \$12,500 – all in support of Hospice Peterborough! A special thank you to Maren Lean for organizing, Summit Mechanical for sponsoring our staff table, and the incredible cast of characters (***pictured bottom, right***) for bringing the fun!





## Child & Youth Mental Health Symposium returns with new speaker

The third annual Child and Youth Mental Health Symposium takes place on April 30th at The StoneHouse Hall. This year's keynote speaker is Dr. Ceilidh Eaton Russell, pictured left.

Presented in partnership with Peterborough Police Service, the symposium is a great educational opportunity for anyone who works with children and youth to learn strategies to provide better support through grief and adversity.

Tickets are available [here](#) or by scanning the QR code below.



Scan the QR code  
to register...

## Spring @ Hospice Norwood

No cost programs offered in partnership  
with **Hospice Peterborough**

### MON

\*\*\*\*\*NEW\*\*\*\*\*

#### 10-WEEK GRIEF RECOVERY GROUP LEVEL ONE

This is a 10 week program for people who have experienced the death of someone close to them. Group will be starting on Monday mornings at the end of April. Call to register.

Contact Edna to learn more about  
Hospice Norwood:  
[elatone@hospicepeterborough.org](mailto:elatone@hospicepeterborough.org)

### TUES

#### OPEN 9-4 AT STEWART HOUSE

Visit Hospice Norwood-Stewart House for a tour or access the resource space, where there are books and a computer loaded with Hospice resources.

Contact Barb to learn more about  
Volunteering:  
[bross@hospicepeterborough.org](mailto:bross@hospicepeterborough.org)

### WED

#### CAREGIVER AND GRIEF SUPPORTS

*Powerful Tools for  
Caregivers*  
A regularly offered series.  
Phone or Check our  
website for details.

*Moving with Hospice*  
1-2pm at Hastings Field  
House. Last Wed of each  
month.

*Grief Chat*  
1st and 3rd Wed  
from 7-8 PM

### THURS

#### OPEN 9-4 AT STEWART HOUSE

2-3pm  
Illness Support Group

Visit Hospice Norwood-Stewart House for a tour or to access our resource space.



CALL NOW:

705-660-3737



WEBSITE:

[www.hospicenorwood.com](http://www.hospicenorwood.com)



## Hospice Peterborough staff attend Indigenous Palliative Care Conference



We were grateful to spend a day learning about Indigenous perspectives on palliative care at the recent Indigenous Palliative Care Conference! Hosted by the awesome Central East Regional Indigenous Cancer Program team at Lakeridge Health, the day was packed with important teachings on the final moments of a person's journey home.

A highlight of the morning was hearing Dr. Holly Prince. Dr. Prince leads many important initiatives for advancing health care for Indigenous people, including the Indigenous Peoples' Health and Aging Division at Lakehead University.



**Pictured top, left:** Dr. Holly Prince shares a presentation on supporting caregivers who care for Indigenous peoples facing life-threatening illness.

**Pictured left:** Hospice Peterborough's Community Programming Manager, Natalie Warner, and Clinical Lead, Danielle LeMoine share Hospice information at a booth at the conference.



## FUTURE FUND

*You have the power to create a legacy of compassion, care and community – a gift that echoes far beyond a lifetime.*

### Make Hospice Peterborough a part of your legacy

When every moment matters, your support helps Hospice Peterborough surround individuals and families with care, compassion, and the comfort of knowing they are not alone.

A gift to the Future Fund is more than a financial decision—it's a way to turn your values into a lasting impact.

#### Contact us for more information:

Aimée O'Reilly, Manager of Development

[legacy@hospicepeterborough.org](mailto:legacy@hospicepeterborough.org)

705-742-4042

[www.hospicepeterborough.org](http://www.hospicepeterborough.org)



## Community Programming

### Moving with Grief



#### What is it?

A **community walking group** for people who have experienced the death of someone they love and who would feel more comfortable **sharing their grief while walking**.

**When:** Second and fourth Monday of each month from 2pm to 3pm.

**Where:** Cavan-Monaghan Community Centre, 986 Peterborough County Rd 10, Millbrook, ON.

**Confirm your spot: Call or email**

**Amy Watson, Intake/Bereavement and Wellness Facilitator, at 705-742-4042 ext. 230 or [awatson@hospicepeterborough.org](mailto:awatson@hospicepeterborough.org)**

### Grief Chats



#### What is it?

Grief Chat is a free group that offers a flexible format where **recently bereaved individuals can connect with others who have experienced a loss**.

**When:** Choose between chats on the second and fourth Tuesday from 6:30 to 8pm or the first and third Friday of each month from 10am to 12pm.

**Where:** Hospice Peterborough, 325 London Street, Peterborough.

**Confirm your spot: Call or email**

**Amy Watson, Intake/Bereavement and Wellness Facilitator, at 705-742-4042 ext. 230 or [awatson@hospicepeterborough.org](mailto:awatson@hospicepeterborough.org)**

### Mindful Nourishment



#### What is it?

**Mindful Nourishment is a free, one-hour meditation program for anyone connected to Hospice.** Mindfulness can help you relax, reduce stress and connect what you are feeling and thinking.

**Led by Julie Brown, psychotherapist and co-host of our What Now? podcast**

**When:** Second and fourth Thursday of each month, from 1pm to 2pm.

**Where:** Zoom.

**To receive the Zoom links for future sessions, please email [admin@hospicepeterborough.org](mailto:admin@hospicepeterborough.org)**

### Hospice Peterborough Book Club

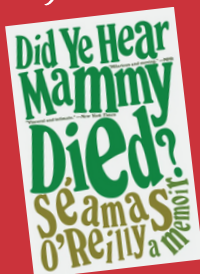


**10-11am**

**Friday, May 16, 2025**

**Participants can attend in-person at Hospice Peterborough or via Zoom**

#### May's Book



*Did Ye Hear Mammy Died by Seamus O'Reilly*

**Hospice Book Club is a warm, open group with a shared interest, and anyone connected to Hospice is welcome to participate!**

**For more information or to register, please contact Barb Ross: [bross@hospicepeterborough.org](mailto:bross@hospicepeterborough.org) or 705-742-4042 ext. 224**



# SAVE THE DATE...

# HIKE *for* HOSPICE

HIKE FOR HOSPICE RETURNS  
SUNDAY, SEPTEMBER 28, 2025

## *Peterborough-Kawartha Rotary Club donate funds for new mattresses to Hospice Peterborough*



A warm Hospice thank you to the Peterborough-Kawartha Rotary Club for their generous donation, allowing Hospice Peterborough to replace the mattresses for our residence!

Our old mattresses have reached their recommended 5-year lifespan and so this gift comes at the perfect time, ensuring the comfort and well-being of our residents.

We are so grateful for this wonderful gift!

**Pictured left:** Aimee, Melissa, and Mike of our residence team pose with the new mattresses, and Carl and Dean of the Rotary Club.



RECENTLY ON...

# WHAT NOW?

On the threshold of  
life, death and grief.

WITH JULIE BROWN, RED KEATING AND DAVID KENNEDY

## When a Beloved Pet Dies – with Lianna Titcombe and Melanie Savage

In our latest episode, we speak with Lianna Titcombe, Palliative Veterinarian and Melanie Savage, Registered Social Worker specializing in pet loss.

Lianna and Melanie are both pioneers in their respective fields. Lianna specializes in supporting her patients to have a pain and symptom free death surrounded by loving family in the familiarity of their home environment (and she also educates other veterinarians to provide this care). Melanie specializes in supporting grieving individuals and families during the palliative and grief process when a beloved pet dies. They bring insight and compassion into understanding why the palliative journey and death of our pets can be such a deep experience of grief and loss.

Please have a listen or send to a friend whose life has been changed and enriched through a relationship with a pet. If having a pet isn't part of your world, you may still want to listen as it may increase your understanding of others grieving the death of a pet.

Listen now at...

[www.what-now.buzzsprout.com](http://www.what-now.buzzsprout.com)

PODCAST ALSO AVAILABLE ON:



## 5 BENEFITS OF MONTHLY GIVING

...for the donor

1. Easier on your budget & financial planning.

2. It's automated. Sign up, and then forget about it.

3. Gives you access to the exclusive "In The Loop" newsletter, events, and tours.

4. Tax season is easier. Less receipts to manage.

5. Ensures hospice palliative care - a service you care about - stays free and accessible to those who need it.



# 5 BENEFITS OF MONTHLY GIVING

...for Hospice Peterborough

Want to learn more about  
Circle of Caring: our  
Monthly Giving Program?

Please visit...

[www.hospicepeterborough.org/  
circle-of-caring-monthly-giving](http://www.hospicepeterborough.org/circle-of-caring-monthly-giving)

1. Ensures our longterm financial sustainability.

2. Easier for developing annual budgets.

3. Allows us to meet rapidly growing community needs.

4. Less administrative burden on staff.

5. Allows us to continue to offer over 26 free programs & services.

## Support Hospice Peterborough

☐ YES, I want to support vital hospice palliative care!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

☐ Please contact me to discuss my legacy gift, or gift in a will, to Hospice Peterborough.

Donate online at [hospicepeterborough.org](http://hospicepeterborough.org)  
Or mail to 325 London St Peterborough, ON K9H 2Z5

Registered Charity No.  
11947 8964 RR00019

Tax receipts will be issued for donations of \$20 or more.



325 London Street  
Peterborough, ON K9H 2Z5  
705-742-4042  
[admin@hospicepeterborough.org](mailto:admin@hospicepeterborough.org)

Let's  
Connect!



@hospiceptbo



@HospicePeterborough



@hospiceptbo

Amount:

☐ \$50 ☐ \$75 ☐ \$100 ☐ \$200

Other: \_\_\_\_\_

I would like to make my gift by:

☐ Cheque (payable to Hospice Peterborough)

☐ Visa ☐ MasterCard ☐ AMEX

☐ One-time donation ☐ Monthly donation

Card #: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

CVV: \_\_\_\_\_

☐ I would like to be an anonymous donor

☐ This gift is in memory of:  
\_\_\_\_\_