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## 2023-2024 BOARD SLATE

### New Board members:

#### **Shelley Barrie**

Shelley was born in Kirkland Lake, Ontario. She moved with her family to Kitchener in 1967 and remained there, graduating from the University of Waterloo and Toronto Teachers College. After her wedding to her husband Tim, the couple spent ten years in Oshawa, where Shelley continued to teach and two of their three sons were born. In 1989, the family moved to Peterborough. As their family grew, Shelley taught part time and was the choir director for ten musicals at Queen Mary School. She retired from her teaching career in 2013. While her family was young, Shelley became involved with Hospice, helping with event planning. Volunteering with Hospice has continued for over 20 years, during which time Shelley chaired event committees, joined the board, was part of the Cabinet for the Every Moment Matters Campaign, served as the President and Chair of the Board for 2 years. After a break, Shelley is now happy to rejoin the Board. Shelley has always recognized the value of volunteering time and talents. She has come to appreciate the meaningful work done by the staff of Hospice and is honoured to have been part of the building and opening of the new Hospice Care Centre.

#### **Dan Marinigh**

Dan was born and raised in Sarnia, Ontario. He attended Lakehead University earning an Honours Bachelor of Science in Forestry. Upon graduation from university Dan had a 34-year career with the Ontario Ministry of Natural Resources beginning as a field forester and retiring as the Director, Integration Branch. During his career at the Ministry Dan lived and worked in Sudbury, Espanola, Kirkland Lake, Chapleau and Timmins before moving to Peterborough. In 2014 Dan began working at the Otonabee Region Conservation Authority as the Chief Administrative Officer/Secretary-Treasurer and retired from the Authority in 2022. Through his working career Dan has led teams responsible for operations, program & service delivery and policy and program development. From 2016 to 2021 Dan served on the Fleming College Board of Governors and held the Chair's position for a 2-year term. Dan is currently a Member of the City of Peterborough's Committee of Adjustment and volunteers with the Kawartha Food Share and the Friends of Hope Mill. In addition to his university degree Dan has an Executive Certificate in Applied Leadership from the Queen's University Smith School of Business, and an Advanced Good Governance Certificate from the College Centre of Good Governance. Dan has attended the Not-For-Profit Governance Essentials Program at the University of Toronto Rotman School of Management & Institute of Corporate Directors. Dan and his wife Patricia have lived in Peterborough since 2002. They have two adult children.

#### **Deborah Nayler**

Deborah was born and raised in the Peterborough area. She currently resides near Trent University with her spouse and two of their children from their blended family of four. Deborah has been employed with Trentway-Wagar for over 38 years. Through her years of experience, Deborah has acquired a wide range of experience in the human resources field, with emphasis on Human Resource Management and the legislation pertaining thereto. She has her Human Resource Management Certification and as of July 2015, she completed her Certified Human Resources Professional Designation. She has a solid understanding of the Canada Labour Code and its application of fair employment practices, labour standards, and employment insurance. Deborah has also been involved in various fundraising committees in the community and was Trentway-Wagar's United Way Coordinator for 23 years. Her commitment has contributed to very successful campaigns earning Coach Canada the "Cornerstone of the Community" award for 10 years and the 2008-2009 YWCA Safe Haven Fundraising Campaign raising \$3.5 M for the women's shelter. When not working, she loves to cook, garden and travel. Deborah is very excited to be joining the Board of Directors and is eager to learn more about palliative care and its services in the community.

## Board Members returning for a new term:

### **Heather Eatson**

Heather grew up in Niagara Falls, Ontario and moved to Peterborough in 1989. Heather is married with two grown sons, who both reside in Peterborough. She received her Bachelor of Applied Science from the University of Guelph in 1987, with a major in Gerontology. Heather has worked in community healthcare for over 30 years with Red Cross Homecare and Osteoporosis Canada, in both local and regional positions. She has worked closely and collaborated with many stakeholders including volunteers, and healthcare professionals and has experience managing and supervising staff. Heather has a passion for palliative care and recognizes the importance of providing dignified care to everyone across their lifespan. She has benefited from the programs offered by Hospice Peterborough and has completed the Hospice Volunteer Training. Heather currently works with her husband and sons at the family business, Peterborough Volkswagen.

### **Marie Hynes**

Marie was born and raised in Peterborough. After leaving town for school and the start of her legal career, she moved back to Peterborough in 2019 with her husband and two daughters. Marie has a criminology degree from the University of Ottawa and a law degree from Osgoode Hall Law School. She practices at LLF Lawyers LLP in the area of estate planning (wills, powers of attorney, trusts, guardianship applications) and estate administration. Marie currently sits on the Board for a local non-profit summer camp and the Peterborough Foundation, and volunteers with her children's school. Marie is finishing her third year on the Hospice Board and on the Finance Committee and is looking forward to support Hospice Peterborough in the upcoming years.

### **Dr. Becca Webster**

Becca was born and raised in Quispamsis, New Brunswick. Her first post-secondary degree was a Bachelor of Science in Psychology (with Honours), which she completed at Acadia University in Nova Scotia. She then moved to St. John's, Newfoundland, where she completed medical school at Memorial University of Newfoundland (MUN). She met her husband, Dr. Sachin Waghmare, during medical school and the two moved to Peterborough in 2017 to complete their Family Medicine residency through Queen's University. Becca had been working as a Family Physician at The Medical Centre with Sachin, but she transitioned to full-time work in Palliative Care in July 2021. She and her colleagues provide Palliative Care to patients in the community, at PRHC, and at Hospice Peterborough. Becca is currently on maternity leave, as she and Sachin welcomed a baby girl, Priya, into the world on March 13, 2023. Becca is very excited to be starting another term on the Hospice Peterborough Board of Directors this year.

## Current Board members:

### **Mary Blair**

Mary Blair moved to Peterborough in September 2000 to begin a new career in partnership with her husband, Greg, as Tim Horton's franchisees. Since joining as a Volunteer over 10 years ago she has worked on various committees within the Hospice community. She has been a member of the board for five years and is currently completing her terms as Vice-Chair of the Board of Directors and Chair of the Resource Development Committee. Mary continues her role as Co-Chair of Hike for Hospice and looks forward to serving as Hospice Peterborough's Board Chair 2023-2024. She volunteers on various committees in Peterborough and is an active member of the golf and curling community. Mary and Greg reside in Peterborough and are parents to two daughters, Jessie and Laura.

### **Kirsten Burgomaster**

Kirsten is a member of Lakeridge Health's Senior Management Team and has worked within the healthcare environment and academia for over 15 years. In her current role, Kirsten serves as Ontario Health's (Cancer Care Ontario) Regional Vice President of the Central East Regional Cancer Program (CE RCP), which includes a network of cancer services and hospitals providing care to the 1.6 million people who live in the Northumberland, Kawartha Lakes, Durham and Scarborough areas. Kirsten also serves as Health System Executive/Vice-President, Regional and Community Care at Lakeridge Health. In this position, she has oversight of the CE RCP, Durham Regional Cancer Centre, Regional Nephrology and Diabetes, Mental Health & Addictions and the Department of Family and Community Medicine. She also serves as Lakeridge Health's Executive Lead for the Durham Ontario Health Team and works with many partners across the continuum of care to create and advance synergies between acute care, primary care, and many community-based programs at a regional and provincial level. Kirsten obtained her doctoral degree from McMaster University (specialization in skeletal muscle metabolism), completed a post-doctoral fellowship at Trent University, and is currently an adjunct Professor at Ontario Tech University. Kirsten and her husband live in Peterborough with their 4 children and enjoy sporting events and family activities.

**Adam Burns**

Adam was born and raised in Orillia, Ontario, but the allure of Peterborough and the beautiful Kawartha Lakes made it an easy decision to become a permanent member of the community 6 years ago. After first coming to the area in 2005 to attend Trent University where he received his Bachelor of Business Administration and was a member Trent's rowing team, he began to fall in love with the community. Following a brief time away working in Toronto and later obtaining his MBA from the Richard Ivey School of Business at Western University, he was drawn back to Peterborough. His spouse, Angela was completing her training as a family doctor and member of the Hospitalist group at PRHC and he knew it was the perfect sign to move back. Adam currently works for RBC PH&N Investment Counsel where he is part of a team providing discretionary investment management and wealth planning services to the banks most affluent clients. During his time away from the office you can find him walking through the trees and attempting to play golf, canoeing through the Kawartha Lakes, or out entertaining his Mini-Aussiedoodle, Madigan. Adam is also an active member of the PRHC Foundation.

**Len Lifchus**

Len was born in Vancouver, B.C. and originally came to Peterborough in 1999 from Kelowna where he served as Executive Director of the United Way of the Central and South Okanagan/Similkameen. In Peterborough, Len served as CEO of the United Way of Peterborough & District for over 10 years before moving to Hamilton/Burlington to head up the United Way of Burlington & Greater Hamilton in 2009. In 2014 Len retired and returned to Peterborough. A graduate of the University of British Columbia with a BA in Political Science, Len received his Donor Recruitment designation from Virginia State and Polytechnic University and the Association of Donor Recruitment Professionals, where he served as International President. Prior to working in fundraising and granting, Len worked for the Canadian Red Cross Society's Blood Program for 16 years having served as Assistant Centre Administrator and Director, Blood Donor Recruitment for the Province of British Columbia. An ardent volunteer Len has been associated with Rotary, Greater Peterborough Chamber of Commerce, Showplace Peterborough, the Peterborough Theatre Guild, the Peterborough Symphony Orchestra, the Peterborough Regional Health Centre, the Prime Minister's Volunteer Awards Advisory Committee, Imagine Canada, and Ontario's Community Care Access Centres. Len was also a senior leadership volunteer with the 2015 Pan Am/Para Pan Am Games, as well as the City of Peterborough's Grants Advisory Committee, Committee of Adjustment, and the Canada 150 Celebrations Committee. During the pandemic he worked with Peterborough Public Health as a Vaccination Centre volunteer. Len also served as a Training Officer for both Elections Canada and Elections Ontario in the last 2 elections. In recognition for his volunteer contributions to Peterborough and Ontario, Len was awarded the Queen's Diamond Jubilee Medal and was inducted into the Peterborough Pathway of Fame in 2018. He has served on the Hospice Board for the past 5 years, chaired our Committee Chairs Working Group and Legacy Working Group, and was the Chair of the Board for the last year.

**Richard Johnston**

Richard has been a resident of Peterborough County for the past 42 years along with his wife Annie and their 3 children. He has been involved in palliative/hospice care since the untimely death of his first wife at the age of 31. He recently retired from a long and varied leadership career in civil engineering, communications, fundraising and strategic operations as well as a 4-year stint as Executive Director of Hospice Peterborough in the early 1990's during which he founded the Peterborough Festival of Trees. Following this, he was employed with Lakefield College School for 22 years. Richard has served on several boards in the community including previous terms on the Hospice Board in the 1980s and early 2000s. He has also served as a church trustee and a board member for the Art Gallery of Peterborough and the Morton Family Healthcare Centre. Richard chaired the Hospice Care Centre Building Committee that oversaw the construction of our fabulous new facility. Now, in his retirement years, he stays busy playing with grandchildren, tackling never-ending home projects, camping and travel.

**Christina Murphy**

Christina was born and raised in Guelph, Ontario and currently resides in Peterborough with her husband and two young daughters. Christina obtained her undergraduate degree in Health Studies at the University of Waterloo followed by a Masters in Health Policy, Management and Evaluation at the University of Toronto. Christina has over a decade of experience in leading initiatives related to health system measurement and quality improvement at the University of Toronto and at the Ministry of Health. In 2008, she joined Peterborough Regional Health Centre and is now the hospital's Director of Patient Relations, Risk, Infection Control and Medical Affairs. Christina joined Hospice Peterborough's board in 2019 with a passion for helping to improve the end of life experience in our community. Christina has a strong belief that the holistic and person-centered approach of hospice palliative care and its focus on quality of life is the way forward.

**Margaret Keatings**

Margaret has had a home in Lakefield since 1989. She had an extensive clinical and leadership career in nursing, assuming senior positions at The Hospital for Sick Children, Hamilton Health Sciences, and the University Health Network (TGH). As the Chief, Inter-professional Practice and Chief Nurses Executive at SickKids, she chaired an initiative focused on the advancement of the palliative care program. This process engaged families and considered the end-of-life experiences of children in that setting. Other initiatives, related to child and family centred care, inter-professional practice, diversity and equity. Beyond her professional experience with end-of-life care, she experienced this journey through the health care encounters of her parents and other family members, confirming for her the value of caring, compassion, and family presence. Wearing multiple lenses, Margaret views the systems of care through the lens of a governor, a leader, health care professional with a national and global perspective, and as a family member. Margaret has extensive experience on boards and advisory committees including her role as a family advisor on EnCoar (Enhancing the Care of the Older Adult), a research team at the KITE Research Institute at the University Health Network, and as a member of the SPA-LTC (Strengthening a Palliative Approach in Long-Term Care) Partner Working Group, a Canada-wide program led by a research team at McMaster University. Margaret had academic appointments at the University of Toronto, McMaster University and Ryerson University. The 5<sup>th</sup> edition of the book co-authored by Margaret, "Ethical and Legal Issues in Canadian Nursing" will be released late 2023.

**Otis Smith**

Otis relocated to Peterborough from Halifax, where he earned his Juris Doctor and Masters in Business, to continue building his business as a wealth advisor with Scotia Wealth Management. Having witnessed the care and compassion provided by Hospice to members of his family, he became passionate about the value that these organizations add to communities. In addition to his role with Hospice Peterborough, Otis is passionate about health and wellness and spends his downtime exploring the many trails Ontario.

**Board Youth Intern:****Max Moloney**

Max is ecstatic to join the Hospice Peterborough Board of Directors as Youth Intern. Max was born and raised in Peterborough. He graduated with a Bachelor of Science in Life Sciences from Queen's University in 2020, during which he studied as a Loran Scholar and Queen's University Chancellor's Scholar. During his undergraduate studies, Max also played Defensive Back for the Queen's Gaels Varsity Football Team and worked as the Head Manager of the Queen's University Food Bank. Max continued his studies at Queen's, graduating with a Master of Science in Translational Medicine in 2022, during which he created a computer algorithm to detect cases of asthma in medical records and is published in international medical journals. Max joined Hospice Peterborough as a residence volunteer in August 2022 and hopes to further his involvement during his term as Youth Intern.