

## 2022-2023 BOARD SLATE

### New Board members:

#### **Richard Johnston**

Richard has been a resident of Peterborough County for the past 41 years along with his wife Annie and their 3 children. He has been involved in palliative/hospice care since the untimely death of his first wife at the age of 31. He recently retired from a long and varied leadership career in civil engineering, communications, fundraising and strategic operations as well as a 4-year stint as executive director of Hospice Peterborough in the early 1990's during which he founded the Peterborough Festival of Trees. Following this, he was employed with Lakefield College School for 22 years. Richard has served on several boards in the community including previous terms on the Hospice Board in the 1980s and early 2000s. He has also served as a church trustee and a board member for the Art Gallery of Peterborough and the Morton Family Healthcare Centre. Richard chaired the Hospice Care Centre Building Committee that oversaw the construction of our fabulous new facility. Now, in his retirement years, he stays busy playing with grandchildren, tackling never-ending home projects, camping and travel.

### Board Members returning for a new term:

#### **Kirsten Burgomaster**

Kirsten is a member of Lakeridge Health's Senior Management Team and has worked within the healthcare environment and academia for over 15 years. In her current role, Kirsten provides leadership for a network of cancer services and hospitals providing care to the 1.6 million people who live in the Northumberland, Kawartha Lakes, Durham and Scarborough areas. Kirsten is a member of the Central East Regional Palliative Care Network and a Board Member of Hospice Peterborough. She obtained her doctoral degree from McMaster University (specialization in skeletal muscle metabolism) and completed a post-doctoral fellowship at Trent University. In addition to her leadership role at the hospital, she is an adjunct Professor at Ontario Tech University (University of Ontario Institute of Technology) where she actively participates in research while providing thesis advisory support. Kirsten and her husband live in Peterborough with their 4 children and enjoy sporting events and family activities.

#### **Christina Murphy**

Christina was born and raised in Guelph, Ontario and currently resides in Peterborough with her husband and two young daughters. Christina obtained her undergraduate degree in Health Studies at the University of Waterloo followed by a Masters in Health Policy, Management and Evaluation at the University of Toronto. Christina has over a decade of experience in leading initiatives related to health system measurement and quality improvement at the University of Toronto and at the Ministry of Health. In 2008, she joined Peterborough Regional Health Centre and is now the hospital's Director of Patient Relations, Risk, Infection Control and Medical Affairs. Christina joined Hospice Peterborough's Board in 2019 with a passion for helping to improve the end of life experience in our community. Christina has a strong belief that the holistic and person-centered approach of hospice palliative care and its focus on quality of life, is the way forward.

#### **Otis Smith**

Otis relocated to Peterborough from Halifax, where he earned his Juris Doctor and Masters in Business, to continue building his business as a wealth advisor with Scotia Wealth Management. Having witnessed the care and compassion provided by hospice to members of his family, he became passionate about the value that these organizations add to communities. In addition to his role with Hospice Peterborough, Otis is passionate about health and wellness and spends his downtime exploring the many trails Ontario.

#### **Bob Campbell**

Bob grew up in Montreal and attended Concordia University graduating with a Bachelor of Science in Biology and Chemistry. After spending several years working in the Pharmaceutical industry in Montreal he moved to Peterborough to work for Ethicon Sutures Ltd, a subsidiary of Johnson and Johnson, in the Quality Control Division. Bob subsequently left Ethicon, returning to school at the Peterborough Teachers College. He taught in the elementary and secondary system for 27 years,

having a great many wonderful and different experiences. He was an elementary and secondary consultant and the Chief Negotiator for the Elementary Teachers' Federation. Bob left teaching and returned to school and achieved his Financial Planning certification. Bob worked as a consultant, a Division Director, and a Regional Director here in Peterborough and in St. John's, Newfoundland. He retired in 2015. Bob has and continues to contribute to his community. He has been a volunteer at PRHC for 8 years, volunteer tutor at the New Canadians Centre, as well as being on the board of directors of: Telecare Peterborough, CCRC, Family Council Ontario, Kairos, Community Foundation, and Hospice Peterborough. Bob has served as the President of the Hospice Peterborough Board and will move into the Past Chair role after the Annual General Meeting.

### Current Board members:

#### **Karen Auger,**

Karen moved to Peterborough in 2006 and currently resides in Douro-Dummer near Trent University with her husband and two daughters. She obtained her Bachelor of Business Administration, specializing in Accounting from Wilfrid Laurier University and subsequently achieved her Chartered Professional Accountant designation. Karen has worked her entire adult career with BDO Canada LLP, in three different offices, starting as a cooperative student in University and is now a Partner in this National accounting firm. She works with clients in several different sectors including agriculture, not-for-profit, and owner managed businesses. Karen has volunteered her time with several not-for-profit organizations over the years, with a focus on finance and governance. She is also active in the community as a member of the Peterborough Curling Club and is one of the founding committee members for the International Women's Day Conference in Peterborough. In the years she has served on Board of Hospice Peterborough, Karen has been a member of the Finance Committee and held Board officer positions of Secretary, Vice President and Treasurer.

#### **Mary Blair**

Mary Blair moved to Peterborough in September 2000 to begin a new career in partnership with her husband, Greg, as Tim Horton's franchisees. Mary has worked on various committees within the Hospice community. She has been a member of the board for four years and is currently completing her second year as Secretary. Mary has taken on the role as Chair of the Resource Development Committee and looks forward to serve Hospice as Vice-Chair 2022-2024. She volunteers on various committees in Peterborough and is an active member of the golf and curling community. Mary and Greg reside in Peterborough and are parents to two daughters, Jessie and Laura.

#### **Adam Burns**

Adam was born and raised in Orillia, Ontario, but the allure of Peterborough and the beautiful Kawartha Lakes made it an easy decision to become a permanent member of the community 5 years ago. After first coming to the area in 2005 to attend Trent University where he received his Bachelor of Business Administration and was a member Trent's rowing team, he began to fall in love with the community. Following a brief time away working in Toronto and later obtaining his MBA from the Richard Ivey School of Business at Western University, he was drawn back to Peterborough. His spouse, Angela was completing her training as a family doctor and member of the Hospitalist group at PRHC and he knew it was the perfect sign to move back. Adam currently works for RBC PH&N Investment Counsel where he is part of a team providing discretionary investment management and wealth planning services to the banks most affluent clients. During his time away from the office you can find him walking through the trees and attempting to play golf, canoeing through the Kawartha Lakes, or out entertaining his Mini-Aussiedoodle, Madigan. Adam is also an active member of the PRHC Foundation.

#### **Len Lifchus**

Len was born in Vancouver, B.C. and originally came to Peterborough in 1999 from Kelowna where he served as Executive Director of the United Way of the Central and South Okanagan/Similkameen. In Peterborough, Len served as CEO of the United Way of Peterborough & District for over 10 years before moving to Hamilton/Burlington to head up the United Way of Burlington & Greater Hamilton in 2009. In 2014 Len retired and returned to Peterborough. A graduate of the University of British Columbia with a BA in Political Science, Len received his Donor Recruitment designation from Virginia State and Polytechnic University and the Association of Donor Recruitment Professionals, where he served as International President. Prior to working in fundraising and granting, Len worked for the Canadian Red Cross Society's Blood Program for 16 years having served as Assistant Centre Administrator and Director, Blood Donor Recruitment for the Province of British Columbia. An ardent volunteer Len has been associated with Rotary, Greater Peterborough Chamber of Commerce, Showplace Peterborough, the Peterborough Theatre Guild, the Peterborough Symphony Orchestra, the Peterborough Regional Health Centre, the Prime Minister's Volunteer Awards Advisory Committee, Imagine Canada, and Ontario's Community Care Access Centres. Len was also a senior leadership volunteer with the 2015 Pan Am/Para Pan Am Games,

as well as the City of Peterborough's Grants Advisory Committee, Committee of Adjustment, and the Canada 150 Celebrations Committee. During the pandemic he worked with Peterborough Public Health as a Vaccination Centre volunteer. Len also served as a Training Officer for both Elections Canada and Elections Ontario in the last 2 elections. In recognition for his volunteer contributions to Peterborough and Ontario, Len was awarded the Queen's Diamond Jubilee Medal and was inducted into the Peterborough Pathway of Fame in 2018. He has served on the Hospice Board for the past 4 years, chaired our Committee Chairs Working Group and Legacy Working Group, and is a member of our Governance Committee and Executive Committee, as well as welcoming visitors as a volunteer receptionist.

#### **John Corso**

John was born in the small town of Chatham, Ontario. He currently resides in the country near Lakefield with his wife and three boys. He has been a nurse for 28 years. He has worked in a variety of different hospitals over the years. He has been a manager at Peterborough Regional Health Centre for the last 7 years managing Complex Continuing Care, Palliative Care and Telemedicine. He has been involved with Hospice for the last 7 years, first sitting on the Quality Committee as a community partner and then coming to sit as an active Board Member. As a nurse, he feels end of life care should be exceptional care and he strives to make sure it is, both here at Hospice and at PRHC. He chairs the Quality Committee at Hospice, where he can continue to ensure Hospice Peterborough strives for high quality care. He enjoys camping, running, soccer and spending time with his family. His passion for doing his best at all times and this is something he brings to the table no matter where he works.

#### **Heather Eatson**

Heather grew up in Niagara Falls, Ontario and moved to Peterborough in 1989. Heather is married with two grown sons, who both reside in Peterborough. She received her Bachelor of Applied Science from the University of Guelph in 1987, with a major in Gerontology. Heather has worked in community healthcare for over 30 years with Red Cross Homecare and Osteoporosis Canada, in both local and regional positions. She has worked closely and collaborated with many stakeholders including volunteers, and healthcare professionals and has experience managing and supervising staff. Heather has a passion for palliative care and recognizes the importance of providing dignified care to everyone across their lifespan. She has benefited from the programs offered by Hospice Peterborough and has completed the Hospice Volunteer Training. Heather currently works with her husband and sons at the family business, Peterborough Volkswagen.

#### **Marie Hynes**

Marie was born and raised in Peterborough. After leaving town for school and the start of her legal career, she moved back to Peterborough in 2019 with her husband and two daughters. Marie has a criminology degree from the University of Ottawa and a law degree from Osgoode Hall Law School. She practices at LLF Lawyers LLP in the area of estate planning (wills, powers of attorney, trusts, guardianship applications) and estate administration. Marie currently sits on the Board for a local non-profit summer camp and volunteers with her children's school. Marie is finishing her second year on the Hospice Board and on the Finance Committee and is looking forward to support Hospice Peterborough in the upcoming years.

#### **Margaret Keatings**

Margaret has had a home in Lakefield, since 1989. She had an extensive Clinical and Leadership career in nursing, assuming senior positions at The Hospital for Sick Children, Hamilton Health Sciences, and the University Health Network (TGH). AS the Chief, Inter-professional Practice and Chief Nurses Executive at SickKids, she led many initiatives, including the advancement of the palliative care program, a process that engaged families and considered the end of life experiences of children in that setting. Other initiatives, related to family centred care, interprofessional practice, diversity and equity. After her retirement, she continued as a Senior Advisor and engaged in international outreach in the Middle East, Ghana, Zambia, the Dominican Republic and China. Margaret was able to appreciate first-hand the challenges faced in developing countries. Beyond her professional experience with end of life care, she experienced the system through the health care encounters of her parents and other family members, confirming the value of caring, compassion, and family presence. Wearing multiple lenses, Margaret views the systems of care through the lens of a governor, a health care professional with a national and global perspective, and as a family member. Her health care background and personal family experiences gives her unique insights and informed perspectives of the positive and challenging aspects of this system. Margaret has extensive experience on boards and advisory committees including her appointment as a Board Member at Peterborough Regional Health Centre (PRHC) where she chaired the Quality Committee. She is currently the family representative on EnCoar (Enhancing the Care of the Older Adult) a research team at the KITE Research Institute at the University Health Network. Margaret had academic appointments at the University of Toronto, McMaster University and Ryerson University. The 4<sup>th</sup> edition of the book co-authored by Margaret, "Ethical and Legal Issues in Canadian Nursing" was published in 2019 and she is currently working on the 5<sup>th</sup> edition.

**Dr. Becca Webster**

Becca was born and raised in Quispamsis, New Brunswick. Her first post-secondary degree was a Bachelor of Science in Psychology (with Honours), which she completed at Acadia University in Nova Scotia. She then moved to St. John's, Newfoundland, where she completed medical school at Memorial University of Newfoundland (MUN). She met her husband, Dr. Sachin Waghmare, during medical school and the two moved to Peterborough in 2017 to complete their Family Medicine residency through Queen's University. Becca had been working as a Family Physician at The Medical Centre with Sachin, but she transitioned to full-time work in Palliative Care in July 2021. Becca is now the Division Head for Palliative Care at PRHC. She and her colleagues provide Palliative Care to patients in the community, at PRHC, and at Hospice Peterborough. Becca is very excited to be continuing her term on the Hospice Peterborough Board of Directors again this year.