STUDIES

Effect of dignity therapy on distress and end-of-life experience in terminally ill patients: a randomised controlled trial, *The Lancet Oncology*, Volume 12, Issue 8, Pages 753 - 762, August 2011. Prof Harvey Max Chochinov MD et al. (study referenced in Jill Stocker Presentation)

ARTICLES
“Reminiscence in the Delivery of Quality Service: How Recording Life Stories Impacts the Lives of People with Alzheimer’s, Dementia, or those with Mild Cognitive Impairment” AND “Maximizing the Power of Life Stories: Benefits to Communities that are Beginning or Continuing Their Culture Change Journeys” two on-line articles from Life Bio. Inc. Marysville Ohio. Life Bio was founded by Beth Sanders in 1993; offers on-line services and products such as a simple personal biography template or more comprehensive multimedia - written memories, photos, video, audio, and family history.
https://www.lifebio.com/WhitePapers/


BOOKS
*Parting Ways: New Rituals and Celebrations of Life's Passing*, Berkeley: University of California Press, 2011, author Denise Carson contrasts her father’s passing in the 1980s, with her mother’s death two decades later which was a ceremonial farewell or living wake, and closed the gap between social and biological death while opening the door for family and friends to reminisce with her mother.

*Gerotranscendence: A Developmental Theory of Positive Aging*, New York: Springer Publishing, 2005 Lars Tornstam explores the need for new theories in gerontology and sets the stage for the development of his theory of gerotranscendence; evolved from in-depth interviews with older persons and quantitative studies.
Dignity Therapy: Final Words for Final Days, New York: Oxford University Press, 2012. Harvey Max Chochinov coined the term ‘dignity therapy’ for a unique, individualised, short-term psychotherapy that was developed for patients (and their families) living with life-threatening or life-limiting illness. The book follows studies in 7 countries and argues that dignity therapy offers a way to preserve meaning and hope for patients approaching death. Contains history and foundations of dignity in care, and step by step guidance for readers interested in implementing the program.


SOME ON-LINE RESOURCES
Canadian site from Manitoba Palliative Care Research Unit, site offers practical ideas and tools based on the 15years of study of Harvey Max Chochinov, father of “Dignity in Care”; supporting ‘a culture of compassion and respect throughout the health care system’.

http://www.growthhouse.org/lifereview.html
A resource site from San Francisco, California, providing educational materials and links on end-of-life care, palliative medicine, and hospice care, including the full text of several books.

http://ourlifecelebrations.com/about/
‘Our Life Celebrations’ site from Hospice Care of the West, California – searchable site with a range of articles and resources. See some fascinating videos of recorded life reviews.

http://www.agingcare.com/Articles/sharing-family-history-95687.htm
An on-line community of a reported 6 million caregivers, US based and founded in 2008 by Joe Buckheit, contains a range of resources and an active blog – searchable site.

http://www.theresalwayshopeconsulting.com/
Positive Ageing through lifelong learning; based in San Francisco and offers consulting and various workshops including “creative ways to tell your life story” by Hope Levy.

OTHER PRODUCTS AND SERVICES
The following offer videos and audio of life/family stories:

http://www.yourstoryherehome.com/products.html
https://www.lifebio.com
http://www.greatlifestories.com/
http://www.soundportraits.ca/
Company that does commissioned audio recordings of stories and personal memoirs; Toronto based established by former CBC announcer Judy Maddren.